

# SAMPLE FAMILY-STYLE LUNCH MENU

**MENUS CHANGE MONTHLY;  
CONTACT AMELIA FOR CURRENT OPTIONS**

## Entremés

### *Ensalada Frontera*

A mixture of young seasonal greens with wood-grilled onions, radishes, homemade fresh cheese and roasted-garlic dressing (sherry vinegar, extra virgin olive oil).

## Especialidades

### *Brazo de Indio*

Great-big Yucatan-style vegetarian tamal filled with spring greens, black beans, hardboiled egg and pumpkinseeds.  
Campeche-style roasted tomato sauce  
(habanero, epazote, sour orange), jícama-cucumber salad.

and

### *Camarones al Guajillo con Mango*

Adobo-marinated fresh Gulf shrimp in guajillo-mango sauce.  
Red chile rice, mango-red onion salsa, frisée-watercress salad.

## Postres

### *Una Muestra de Postres*

A dessert sampling, including Frontera's long time favorites.

